



**Women's Sports Policy
Working Group**

FREQUENTLY ASKED QUESTIONS – ABOUT SCIENCE AND SEX

WomensSportsPolicy.org

Q22. Do we have any data on the impact of trans boys with or without medical intervention in high school sports?

A22. Yes. The medical community now recommends that trans kids "come out" socially before they transition medically. While some trans girls have opted to go out for a girls' school sports team as one way to come out socially, this option is not so easily available to trans boys who, because they are biologically female, are unlikely to be able to make a boys' team. As a result, some trans boys have chosen to come out socially while remaining on the girls' team. This has allowed them to continue to participate and to remain competitive in high school sport. Some trans girls have chosen this same path, coming out socially while remaining on the boys' team.