



**Women's Sports Policy  
Working Group**

## **FREQUENTLY ASKED QUESTIONS – ABOUT SCIENCE AND SEX**

*WomensSportsPolicy.org*

**Q19. What is meant by "legacy advantages" in the discussion of trans girls/women in girls/women's sport?**

A19. Legacy advantages are the male sex-linked advantages that remain even after a trans girl/woman has gone on gender affirming hormones and/or gender affirming surgery. They are the benefits for sport of having gone through all or part of puberty as a male.