



FREQUENTLY ASKED QUESTIONS – ABOUT SCIENCE AND SEX

WomensSportsPolicy.org

Q17. What does it mean physically or biologically to say that someone is "transgender"?

A17. A transgender person is currently defined as someone whose identifies as other than their biological sex. For example, a trans girl/woman is someone who identifies as a girl/woman even though they are biologically male. A person does not need to take gender affirming hormones or have surgery to be considered transgender. Some transgender people are not on hormones and have not had surgery. Some transgender people take hormones but do not have surgery. And some transgender people do both. Whether a transgender person takes hormones, the level at which they choose to set their hormones, and whether they have surgery, are all matters of personal choice, medical advice, and/or opportunity.